

COOPERATIVE CONNECTIONS



Little cars, big smiles

**Smile makers build
Toys for God's Kids**
Pages 8-9

**Treatment center
changes young lives**
Pages 12-13

Asher Smith plays with a few
of the thousands of small
wooden cars built each year
by Toys for God's Kids

Five Ways to Fight the Winter Chill and Save Energy



Matt Hotzler
Manager

We all have our favorite season. Some people love crisp, cool weather and bundling up under a favorite blanket, while others prefer the warm temperatures summer brings and all the fun outdoor activities that go with it.

But there's one thing we can all agree on: high winter bills are never fun. H-D Electric Cooperative is here to help you find ways to manage your home energy use and keep winter bills in check.

Here are five tips to help increase your home's energy efficiency this winter:

1. **Mind the thermostat.** This is one of the easiest ways to manage your home energy use. We recommend setting your thermostat to 68 degrees (or lower) when you're home. When you're sleeping or away for an extended period, try setting it between 58 and 62 degrees; there's no need to heat your home when you're away or sleeping and are less active.
2. **Button up your home.** The Department of Energy estimates that air leaks account for 24 percent to 40 percent of the energy used for heating and cooling a home. Caulking and weather stripping around windows and doors is another simple, cost-effective way to increase comfort and save energy. If you can feel drafts while standing near a window or door, it likely needs to be sealed.
3. **Use window coverings wisely.** Open blinds, drapes, or other window coverings during the day to allow natural sunlight in to warm your home. Close them at night to keep the cold, drafty air out. If you feel the cold air around windows, consider hanging curtains or drapes in a thicker material; heavier window coverings can make a significant difference in blocking cold outdoor air.
4. **Consider your approach to appliance use.** When combined, appliances and electronics account for a significant chunk of our home energy use, so assess how efficiently you're using them. For example, if you're running the dishwasher or clothes washer, only wash

- full loads. Look for electronic devices that consume energy even when they're not in use, like phone chargers or game consoles. Every little bit helps, so unplug them to save energy.
5. **Think outside the box.** If you're still feeling chilly at home, think of other ways to warm up – beyond dialing up the thermostat. Add layers of clothing, wear thick socks and bundle up under blankets. You can even add layers to your home! If you have hard-surface flooring, consider purchasing an area rug to block cold air that leaks through the floor.

If you're taking steps to save energy but continue to see major increases in your bills, give us a call at 605-874-2171 we are here to help. If you use electric heat, make call us to see if your heat qualifies for an electric heat discount meter or see our home energy audit options. H-D Electric Cooperative's energy experts can help identify areas and other factors impacting your home energy use and recommend the next steps for savings.

Winter months often bring some of the highest energy bills of the year. By being proactive about saving energy, you can increase the comfort of your home and reduce monthly bills. Visit our website at www.h-delectric.coop for additional energy-saving tips.

Here's good news, the H-D Electric board approved a \$300,000 energy refund for active members at the October board meeting. The energy refund will come on the November 2022 power bills (sent out on December 1). You will see a credit on your power bill equal to about 3% of what you spent from January – October 2022. This money for the energy refund was available because Basin Electric and East River gave unexpectant bill credits to H-D Electric, lowering H-D costs of power from East River. Because of the lower power costs and our strong performance here at H-D Electric, we can pass that savings through to you, the member-owners. That's the beautiful thing about the cooperative model our members/owners/consumers are all the same group, so we can make decisions that benefit all.

All our crews, both in member services and operations, are very busy trying to complete construction work before the ground freezes up and stalls us for the winter. There certainly is no shortage of work as winter looms and we race against the winter weather coming.

Hope you all are ready for the winter and please keep in mind the utility equipment as you move snow. Piling snow around the equipment can cause outages for you or dangerous situations for you and/or our employees.

COOPERATIVE

CONNECTIONS

H-D ELECTRIC

(USPS No. 018-905)

General Manager: Matt Hotzler

Headquarters Employees:

- Annie Aberle – Finance and Administration Manager
- Michelle Prins – Billing Clerk
- Heidi Brewer-Grimlie – Accounting Clerk
- Jami Bolden – Receptionist/Cashier
- Roger Cutshaw – Engineer
- Darren Matthies – Building Property Worker

Operations:

- Troy Kwasniewski – Operations Manager
- Todd Sprang – Line Foreman
- Line Crew:
 - Pat Kirby – Operations Support
 - Joe Raml – Lead Lineworker
 - Cody Scarrott – Lineworker
 - Derek Bille – Lineworker
 - Kevin Holida – Lead Lineworker
 - Matt Miller – Equipment Operator/Mechanic

- Joseph Jordan Jr. – Apprentice Lineworker
- Eric Page – Apprentice Lineworker

Member Services:

- Tom Lundberg – Member Services Manager
- Noah Reichling – Electrician
- Brady Krause – Journey Electrician
- Amanda Reese – Apprentice Electrician

Board of Directors:

- President:** Bert Rogness – Astoria
- Vice President:** Terry Strohfus – Hazel
- Secretary:** Roxanne Bass – Castlewood
- Treasurer:** Steven Hansen – Clear Lake
- Dale Williams – Estelline
- Casper Niemann – Lake Norden
- Kevin DeBoer – Clear Lake
- Laurie Seefeldt – Revillo
- Todd Moritz – Castlewood

H-D ELECTRIC COOPERATIVE CONNECTIONS is published monthly by H-D Electric Cooperative, Inc., PO Box 1007, 18240 SD Hwy 15, Clear Lake, SD 57226-1007 for its members. Families subscribe to H-D Electric Cooperative Connections as part of their electric cooperative membership. H-D Electric Cooperative Connections' purpose is to provide reliable, helpful information to electric cooperative members on matters pertaining to rural electrification and better rural living. H-D Electric Cooperative is an equal opportunity provider and employer. Subscription information: Electric cooperative members devote 50 cents from their monthly electric payments for a subscription. Nonmember subscriptions are available for \$12 annually. Periodicals Postage Paid at Clear Lake, S.D., and at additional mailing offices. POSTMASTER: Send address changes to: H-D Electric Cooperative Connections, PO Box 1007, Clear Lake, SD 57226-1007; telephone (605) 874-2171; toll-free 1-800-358-7233; fax (605) 874-8173; e-mail info@h-delectric.coop

Design assistance by SDREA.

Basin Electric and H-D Electric Scholarships

H-D Electric Cooperative will award one \$1,000 scholarship and two \$500 scholarships. To be eligible you must be a dependent of a member. One of these scholarships will give preference to a student in an electrical/energy related field. Applications are available and must be completed and returned to H-D Electric by **Feb. 13, 2023**.

Recipients will be chosen according to criteria such as SAT/ACT scores, overall grade point averages, work experience, participation in school and community activities, a personal statement of career goals and a written recommendation by a third party. Only the applications which provide all of the above information will be considered, so it is important to read the application thoroughly and complete every detail.

The applicant must be a student who is enrolled or planning to enroll in a full-time graduate or undergraduate course of study at an accredited, two year or four-year college, university, or vocational/technical school.

To apply, you must complete the required criteria and the scholarship application, which can be obtained from local high school guidance counselors, calling H-D Electric at 605-874-2171 or 800-358-7233, writing H-D Electric, PO Box 1007, Clear Lake, SD 57226 or via our website at www.h-delectric.coop. Applications must be completed and returned to the office of H-D Electric by Feb. 13, 2023.



Operating Statistics

	September 2021	September 2022
Customers	3,754	3,769
Amount Collected	\$876,270	\$944,882
Average Bill	\$233.42	\$250.70
Average Kilowatt-Hour	2,007	2,131
Kilowatt-Hours Purchased	8,000,680	8,589,533
Kilowatt-Hours Sold	7,532,656	8,030,850

Deck your halls with home safety in mind

It's time to deck those halls - safely. More than 800 home fires are caused by holiday decorations each year, according to the National Fire Protection Association.

An additional 170 home fires are caused by Christmas trees each year. Keep these tips in mind for a safe holiday season:

- Carefully inspect all electrical decorations before you use them. Cracked or damaged sockets and loose or exposed wires can cause serious shock or start a fire.
- Make sure all extension cords and electrical decorations are being used properly - indoor-rated cords indoors, outdoor-rated cords for outside decorations.
- Inspect extension cords for damage and discard (not repair) any that are not completely intact.
- Never mount or support light strings in a way that might damage the cord's insulation.
- Outdoor electrical lights and decorations should be plugged into circuits protected by ground-fault circuit interrupters.
- Exercise caution when decorating near power lines. Keep yourself and your ladder at least 10 feet from power lines.
- Turn off all indoor and outdoor electrical decorations before leaving home or going to sleep.
- Avoid overloading electrical outlets with too many decorations or electrical devices. They can overheat and cause a fire.
- Never connect more than three strings of incandescent lights together.
- Water your Christmas tree daily.
- Keep all decorations at least 3 feet away from heating equipment.
- Avoid using candles. The flames are just too dangerous with all the flammable decorations around.
- Purchase electrical decorations from reputable retailers and that are approved by a nationally recognized testing lab such as UL, Intertek or CSA.

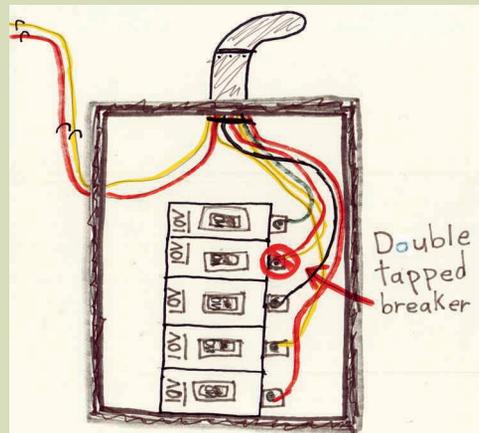


A NEW TEACHING TOOL FOR SOLAR POWER EDUCATION



Rushmore Electric and Touchstone Energy have joined together to construct a demo trailer designed to teach co-op members across the state more about how solar power functions. The trailer is equipped with fold-out collection panels and also battery storage capability. Co-op energy experts use the trailer to frame discussions about net metering, interconnection agreements and more.

To see a video of the trailer and learn more about how electric cooperatives serve our members, visit Cooperative Connections Plus by scanning the QR code at right.



Don't play on transformer boxes

Olaf Sahlstrom

Olaf Sahlstrom, 9, shares a tip he learned from his parents, Ben and Naomi Sahlstrom: Double-tapped breakers are unsafe and can lead to overheating, arcing, and electrical fires. The Sahlstroms reside in Tracy, MN and are members of Lyon-Lincoln Electric Cooperative.

Kids, send your drawing with an electrical safety tip to your local electric cooperative (address found on Page 3). If your poster is published, you'll receive a prize. All entries must include your name, age, mailing address and the names of your parents. Colored drawings are encouraged.

CHRISTMAS DESSERTS

GINGERBREAD KISSED THUMBPRINT COOKIES

Ingredients:

3 c. flour
2 tsps. ground ginger
1 tsp. ground cinnamon
1 tsp. baking soda
1/4 tsp. ground nutmeg
1/4 tsp. salt
3/4 c. (1-1/2 sticks) butter,
softened
3/4 c. firmly packed brown sugar
1/2 c. molasses
1 egg
1 tsp. pure vanilla extract
1/4 c. granulated sugar
60 milk chocolate kisses

METHOD

Mix flour, ginger, cinnamon, baking soda, nutmeg and salt in large bowl. Set aside. Beat butter and brown sugar in large bowl with electric mixer on medium until light and fluffy. Add molasses, egg and vanilla; mix well. Gradually beat in flour mixture on low speed until well mixed. Press dough into a thick flat disk. Wrap in plastic wrap. Refrigerate 4 hours or overnight. Preheat oven to 350°F. Shape dough into 1-inch balls. Roll in granulated sugar to coat. Place 2 inches apart on ungreased baking sheets. Bake 8-10 minutes or until edges of cookies begin to brown. Immediately press a chocolate candy into center of each cookie. Remove to wire racks; cool completely. Store cookies in airtight container up to 5 days.

mccormick.com

Please send your favorite recipes to your local electric cooperative (address found on Page 3). Each recipe printed will be entered into a drawing for a prize in December 2022. All entries must include your name, mailing address, phone number and cooperative name.

HOLIDAY HOT CHOCOLATE

Ingredients:

8 qt. box powdered milk
1 lb. can Nestles Cocoa Mix
7-8 oz. jar powdered creamer
3 c. powdered sugar
1/3 c. cocoa

METHOD

Mix in order given in large bowl. Put in air tight container. Use 1/4 cup mix per cup of hot water. Makes about 16-cup mix.

Phyllis Niemann, Clear Lake

MOM'S CHRISTMAS DESSERT

Ingredients:

2-1/2 c. Rice Krispies
1/2 c. light brown sugar
1 c. slivered almonds or toasted nut meats
1/2 c. butter, melted
1/2 gal. vanilla ice cream
1 can pie cherries
1/2 tsp. almond flavoring

METHOD

Mix first four ingredients together. Spread half mixture in a 9x13 pan evenly. Cut and press vanilla ice cream on top and spread remaining mixture on top. Freeze. When ready to serve, stir pie filling and almond flavoring together and heat on stove top or microwave and use for topping individual pieces.

Patty Sinning, Lennox

PEANUT BUTTER PIE

Ingredients:

1 heaping c. peanut butter
1 8 oz. pkg. cream cheese (softened)
1 8 oz. tub cool whip (thawed)
1/2 c. milk
2 c. powdered sugar graham cracker pie crust (prepared)
Crushed Butterfingers or Reeses for garnish

METHOD

Thoroughly mix peanut butter and cream cheese. Add 1/2 cup milk and slowly add 2 cups powdered sugar. Mix well. Fold in cool whip. Put in a prepared graham cracker crust. Makes two 9" pies or one 10" pie with a little extra. Top with crushed candy. Place in freezer until frozen. Remove from freezer 10 minutes before serving.

Elaine Rieck, Harrisburg

Q: How can I keep my home warm while saving on my electric bill this winter?

A: Winterizing is an important step to keep your home cozy and your bills low. These tried-and-true methods will ensure your home is sealed tight and ready for colder weather. I've also included tips that address common misconceptions.

INSULATING PIPES AND WATER HEATER

You can raise the water temperature inside your home's water pipes by 2 to 4 degrees by insulating, according to the U.S. Department of Energy (DOE). Insulating allows you to turn down the heat on your water heater, saving energy and money.

Start by insulating the pipes coming out of your water heater. If you have a gas water heater, keep pipe insulation at least 6 inches away from the flue. Insulate hot and cold water lines. The latter can prevent condensation and freezing pipes. Insulating your water heater can save 7% to 16% on water-heating costs, DOE says. Insulation kits are available at hardware stores. Don't obstruct the pressure relief valve, thermostats or access valves.

AIR SEALING

Air sealing and insulation are a great combination for minimizing home energy use. Insulation is like a warm sweater for your home, and air sealing is the wind breaker. All the cracks, gaps and holes in a home can be like having a window open year-round. Air sealing eliminates those leaks. It can be done as a do-it-yourself project or by a professional.

WINDOW SEALING AND IMPROVEMENTS

Windows can be a source of drafts and wasted energy. Close windows tightly.

Add weatherstripping around windows to prevent warm air from escaping your home and caulk the gaps where the window trim meets the wall and the window frame. Add curtains to make the room feel warmer.

Storm windows are a lower-cost option for upgrading single-pane windows. They are available with low-emissivity coatings, which insulate better, and are available for installation either from the inside or outside of the window.

FIREPLACE DAMPERS

When I was little, my dad told me it was too cold to have a fire. I remember thinking that made no sense, but he was right.

We had an open, wood-burning fireplace—not a wood stove. A fireplace can draw the warm air out of the house, cooling it down or causing your heating system to use more energy.

Your fireplace adds ambiance to your home but isn't necessarily effective at heating it. If you have a wood-burning fireplace, close the damper when your fire is extinguished. An open damper in the winter is an easy exit for the air you paid to heat.

Adding tempered glass doors to a wood-burning fireplace can create an extra buffer between the cold outside and a cozy living space.

Some gas fireplaces require a damper to remain permanently open so gas can vent out of the home. Check the specifications of your unit to ensure safe operation.

BEST PRACTICES FOR CLOSING OFF PARTS OF A HOME

Through the years, I have heard a lot of debate about closing off rooms or parts of the home to save energy.

Best practices come down to the type of heat source. If you have a zonal heating system, where individual areas are controlled separately, you can close doors and only heat the areas you use. Examples of zonal systems are wall heaters, baseboard heat, hydronic radiant heat, radiators and ductless heat pumps, also called mini-splits.

Keep areas with plumbing or water lines warm enough so pipes do not freeze.

If you have a central forced-air heating system, leave doors open to all heated areas. Closing doors and/or register dampers forces the system to work harder, uses more energy and can shorten the life of heating equipment.

CHECK YOUR FILTERS

Maintaining a clean filter in your furnace is one of the best ways to keep it running efficiently and prevent costly repairs. Check your furnace or ductless heat pump filter monthly during peak heating season.



Miranda Boutelle
Efficiency Services
Group

The Clauses share stories of Christmas seasons past

Billy Gibson

billy.gibson@sdrea.coop

If you want to be a big-time Santa, it's all about the beard.

These days, there's no place in the department store Santa scene for spurious scruff. Don't even try faking it. The kids can spot a fraud from halfway across the food court.

Sporting a convincing set of whiskers is how Curt Winquist scored a serious prime-time Santa gig more than 10 years ago.

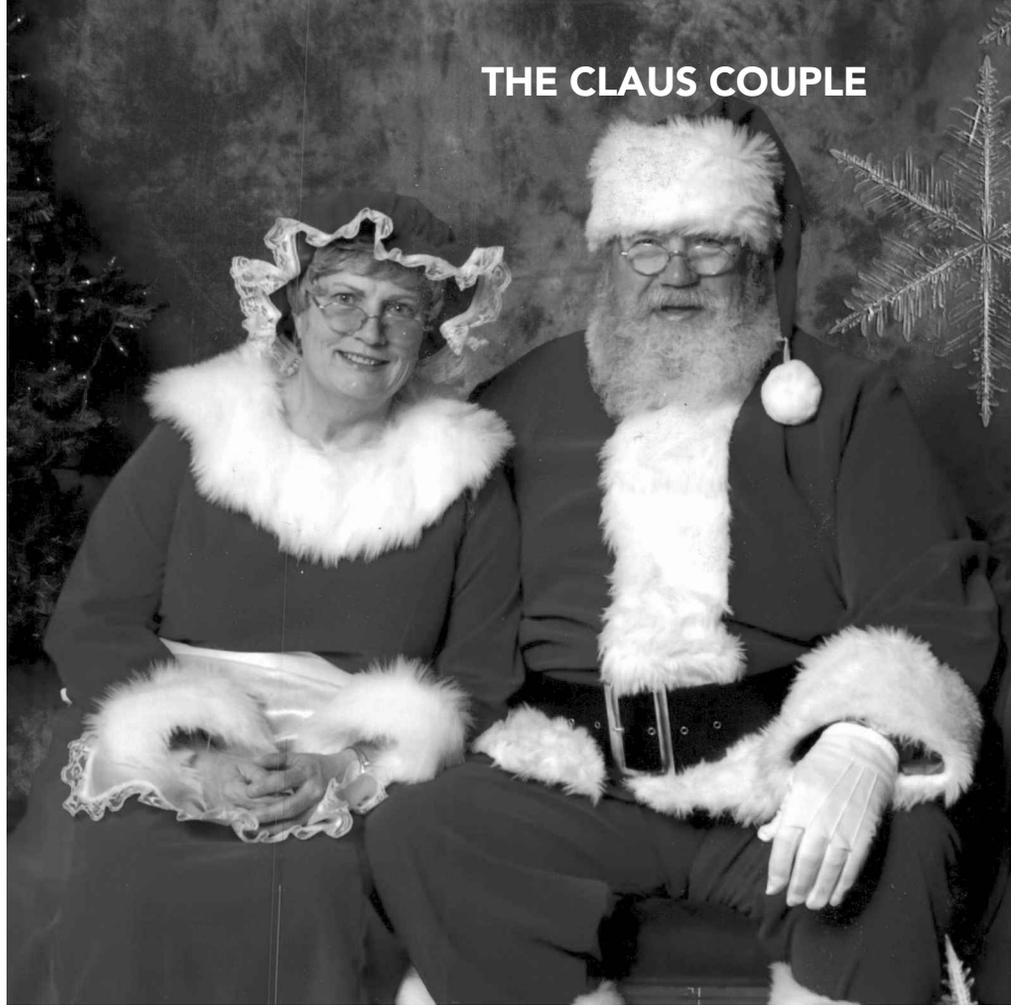
He always dressed up as Santa Claus each Christmas to entertain local kids using the same homemade suit that his dad donned before him. But as it often happens with middle aged men and their suits, this one started shrinking and getting appreciably tighter...especially around the mid-section.

So, Winquist found himself shopping for a new suit at a costume store in Sioux Falls when he was approached by a stranger who just so happened to be connected with a photography company. She took one look at the humble farmer from Alcester and told him he was about to join the top ranks as a "professional department store Santa."

"I told her I only knew how to farm and milk cows," Winquist recalled. "She put my name on the standby list and later I got a call. They said a Santa at a mall in Connecticut had a heart attack and died and they needed someone right away. I didn't even have time to get ready. It was on-the-job training."

He soon found himself being flown to the Brass Mill Center located in Waterbury, CT. For the next 38 days, he played Santa for upwards of 14,000 kids, some of whom only met with failure when they tried to yank off his beard.

Winquist, who is a member of Union



Carla and Curt Winquist of Alcester enjoy entertaining hundreds of children each holiday season.

County Electric while his son is a lineman at Southeastern Electric, spent the next six years traveling to Waterbury each Christmas season. The company he worked for put him up in the local Hilton and provided a security team each morning as he made his way to breakfast in the hotel restaurant and then off to the mall. It was strongly suggested that he not leave the hotel for any other reason lest he be spotted by mall patrons and his identity revealed.

Even his wife, Carla, got in on the act and served as Mrs. Claus for several seasons. The Connecticut gig ended in 2017, and these days the two are seen at smaller and more private venues such as day care centers, nursing homes, birthday parties and schools.

Along the way, the Winquists discovered that portraying Santa and Mrs. Claus doesn't always come with lots of laughter and bellies that shake like jelly.

Especially in December of 2012. That's the year, just three weeks before Christmas, that 26 people were shot and killed at Sandy Hook Elementary in Newtown, CT. The massacre occurred just 20 miles from the mall where Winquist worked each season.

Winquist found himself having to take the service elevator and exit through the back door to evade kids in the hotel lobby.

"There were families of the victims who were staying at the hotel and they were upset and crying and we didn't want the kids to see Santa walking through the lobby in that situation when they were heading out to funerals," he said. "It was just horrible because there was such grief, but then there were people who had no connection to the killings and they just wanted things to be normal. I had to switch my mind on and off. You just want to make the kids and the families feel better."

The Winquists have reams of stories to tell from the past as they continue their roles as the Claus couple from the North Pole. In fact, they've written a book about their experiences entitled "Santa's Christmas Diary," which is available on Amazon.

"It has been a big thrill for us. We work pretty well together as a team," Curt said. "She does a good job of calming kids down when they get nervous about sitting on Santa's lap, or if the lines get long and the kids start getting antsy. I love Mrs. Claus!"



LeRoy Iedema, Richard Ringling and Duane Strand crank out nearly 60,000 toy cars each year from their 12x10-foot workshop in Platte. Photo by Billy Gibson

Duane Strand gets lots of 'smileage' out of making toy cars for children

Billy Gibson

editor@sdrea.coop

Frustrated moms across the ages have been searching for a surefire method for getting an unruly child to simmer down.

Duane Strand is pretty sure he's found a failsafe solution: toy cars.

Several years ago, Strand began building tiny wooden cars in his nondescript backyard shed in Platte. He recalls visiting Pierre one evening and having dinner at a local restaurant when a young boy suddenly started pitching a fit and hollering at the top of his lungs.

Strand just happened to have one of the cars in his pocket. He reached out and handed it to the child and was rather amazed at the result. Not only did the whining stop forthwith, but that boy's frown turned upside down as the

kid started beaming from ear to ear.

"He quit yelling right then and there. His whole attitude changed," Strand recalls. "These cars really have a soothing effect on the kids."

That's the impact Strand is shooting for as he and his three-man team of retirees crank out nearly 60,000 toy cars each year. They're looking to squeeze all the "smileage" they can get out of the toy cars they build.

The main construction crew includes retired farmer Richard Ringling and retired mechanic LeRoy Iedema. Ringling usually works the drill press to create holes in the wood where the axles will go. Then Iedema follows up by pressing the wheels onto the axles. He came up with a way to make sure the wheels roll straight and stay in place and dares anyone to try and pull off a wheel.

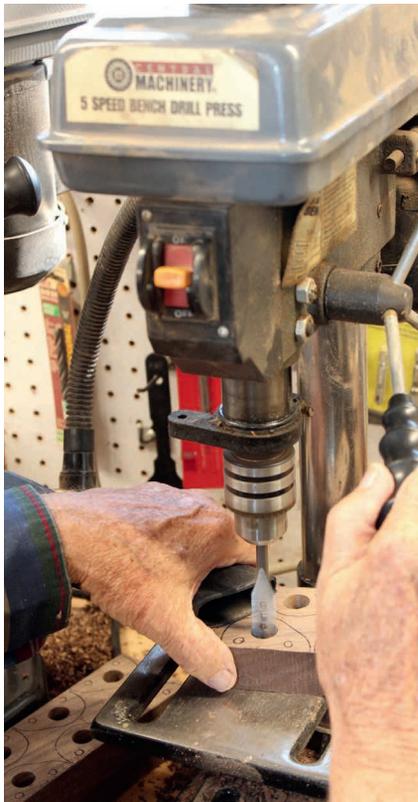
There are others who join in the

process: Justin Kok cuts the wood into manageable blocks; Brett Wynia performs repairs on the drill presses, band saws, sanders, routers and other pieces of equipment when they break down; and Curtis Versteeg helps to sand down the rough surfaces on the cars.



Toy cars are distributed by military personnel serving overseas.

And just down the road from the shop is the Platte Lumber Yard, where many of the material supplies are stored until needed for production. Strand said it was the folks down at the lumber yard who initiated the vital connection with



Dustin Knutson of Boyds Hardwood Gunstock supplies the toy makers with the laminated wood used to create the tiny cars (inset) for worldwide distribution. *Photo by Billy Gibson*

Boys Hardwood Gunstock that keeps the operation humming along.

“Without Boyds we wouldn’t be able to do any of this,” Strand said.

Dustin Knutson, a member of Central Electric Cooperative and part owner of the company that bills itself as the largest after-market gun stock maker in the world, is a Shriner with a heart for community service and said he was all-in when Strand approached him about supporting the program by supplying excess wood.

“They’re really easy to work with,” he said, noting that he keeps one of the cars on his desk. “They take whatever they can get and they show up consistently. We started saving off-cut blocks of wood specifically for the cars. The laminated wood works well because it’s colorful and looks good and the kids can pick out their favorite one.”

Strand’s distribution system is a bit scatter shot but he still manages to send them all over the globe. Anyone he knows who is planning a trip gets a supply of cars. Knutson, for instance, takes them with him when he travels for business or pleasure, whether vacationing in Mexico or hunting in Africa.

“People in America may think these are just simple toys, but I’ve been in parts of the world where a toy for a kid is a stick and a rock,” Knutson said. “But these little cars give kids something to smile about. Duane and his guys are just beautiful people doing good things for the good of humanity and we’re happy to help them any way we can.”

The toys also ride along in ambulances, military satchels and police vehicles in the event a child needs to be calmed. They show up in doctor’s offices, churches and other venues.

The operation is affiliated with a group called Toys for God’s Kids, a non-denominational organization based in Denver. Strand is the only affiliated “smile maker” in South Dakota.

While the three-man crew claims they’re working harder than they used to before retiring, Iedema assigns a greater value to his toil beyond the opportunity to put a smile on a kid’s face. He said his heart doctor has informed him that he’s in better shape than before he started woodworking three years ago. He’s slimmer, more active and feels a lot better.

Strand chips in, “...yeah, and he’s



more ornery than ever, too!”

Collectively, the guys crank out about 250 cars a day scrunched inside the 12 x 10-foot shed. Each unit has to be dipped in linseed oil to protect children from any potential toxicity. The toys are boxed and shipped to their destination at the recipient’s expense.

Strand doesn’t know how much longer he’s going to be able to keep cranking out cars. He’ll reach the age of 90 in a few months and his friend Ringling has a plan: “I told him when he turns 90 we’re going to take him up by the interstate and take a picture underneath the sign that says I-90. Get it?”

2023 H-D Electric Director Election to be Held in March

H-D Director elections will be held at the H-D Electric annual meeting on Tuesday March 21, 2023. The annual meeting this year will be at H-D Electric headquarters in Clear Lake, S.D.

Director Nominations are by petition only. Petition forms are available at the H-D Electric office and must be signed by at least fifteen memberships, (individuals of joint memberships count as one membership). Petitions will be available after Jan. 5, 2023, and must be returned to the office by Feb. 24, 2023.

However, because of publication deadlines, in order to have the candidate profile published in the March issue of *Cooperative Connections* – annual meeting report magazine, petitions should be submitted at or prior to Feb. 1, 2023.

Mark Your Calendar The Date Has Been Set!

Tuesday, March 21, 2023
H-D Electric Headquarters
Clear Lake, S.D.
Registration at 6:30 p.m.
Meeting at 7 p.m.

Three director districts for this year are the following.

- **District 3** including the following townships: Hamlin Township and Dempster Township, Hamlin County, S.D.; and Hidewood Township, Deuel County, S.D.
- **District 4** including the following townships: Portland Township, Rome Township, Goodwin Township and Havana Township, Deuel County, S.D.; Kranzburg Township, Codington County, S.D.; and Georgia Township, Grant County, S.D.
- **District 9** including the following townships: Norden Township, Cleveland Township, Dixon Township and Garfield Township, Hamlin County, S.D.; Laketon Township, Brookings County, S.D.; and Pleasant Township, Clark County, S.D.



Energy Efficiency Tip of the Month

Blocked air vents force your heating system to work harder than necessary and increase pressure in your ductwork, which can cause cracks and leaks to form.

Make sure all air vents are unobstructed from furniture, drapes or other items to ensure sufficient circulation throughout your home. If necessary, purchase a vent extender, which can be placed over a vent to redirect air flow from underneath furniture.

Source: energy.gov



Employee Spotlight

Joseph Jordan – Lineman One Year of Service

- 1. What do you like most about your job?**
The group of guys I get to work with every day.
- 2. What motivates you to come to work every day?**
Knowing that I am going to learn something new every day.
- 3. How would you describe H-D in four words or less?**
Great place to work!
- 4. Give one advice to someone!**
Work hard and you will succeed.



Tom Lundberg – Member Service Manager 12 Years of Service

- 1. What do you like most about your job?**
Being able to help our members with issues and projects that come up throughout the course of the year. I enjoy meeting with members and getting to know new people and revisiting old friends and places.
- 2. What motivates you to come to work every day?**
I enjoy our team of professionals that I work with every day. We all have a get it done attitude and are willing to help each other to better serve our members.
- 3. How would you describe H-D in four words or less?**
A great electric cooperative.
- 4. Give one advice to someone!**
Be thankful for staying safe.



Winter Reminder



Troy Kwasniewski
Operations Manager

As I write this, cooler weather is upon us and I hope that everyone is having a safe and enjoyable fall.

As we all know, the next season is winter and it can bring us a little snow or a lot. With the snow, comes the dilemma of what to do with it as it falls on our driveways and in our yards.

As you push it, pile it or snow blow it please keep in mind the safety of our linemen by keeping snow clear of the transformer and meter in your yard. The linemen need at least a 15-foot radius to work on the equipment safely. Thanks for your cooperation.



EVERYDAY LIFE REQUIRES CREATIVITY.

We're proud to power yours.

Revenue Refund

The H-D Electric Cooperative Board of Directors approved a revenue refund of **\$300,000** to be allocated to active member-owners who purchased electric power from the Cooperative in 2022. H-D Electric has stronger than expected margins in 2022, and as a result, the Cooperative is returning the margins back to member-owners. In May 2022, H-D Electric paid out a capital credit refund of **\$381,000**. When combined, the revenue refund and capital credit retirements add up to **\$681,000** being returned to H-D Electric members within this past year.

The individual credits are based on the electric service revenue by each member from January to October 2022. This credit will not come to you as a check but rather as a credit on your December Power Bill. The credit is listed as a line item on your December billing for November usage. Amounts with "CR" listed behind them are credit balances.

In addition to the revenue refund, H-D Electric is pleased to announce to members that **no rate increase** is expected for 2023.



605-874-2171

**H-D Electric Cooperative is Committed to
Safely Enhance the Quality of Life for
our Members, Employee
and Communities**



CHANGING YOUNG LIVES

The Great Plains Youth Regional Treatment Center near Mobridge is a place where at-risk youth can go to address their challenges with drug and alcohol abuse. *Photo by Roger Lawien*

Treatment center helps young people get back on the right path

Billy Gibson

billy.gibson@sdrea.coop

It was a small compliment, but it meant everything to the young lady who wasn't quite accustomed to receiving positive reinforcement. A simple affirmation spoken softly and sincerely into her ear: "You're gorgeous, and you're worthy." And the tears began to flow.

The Indian Health Service Great Plains Youth Regional Treatment Center near Mobridge is a place where at-risk youth can go to address their challenges with drug and alcohol abuse and find the support they need to deal with difficult situations.

Acting Clinical Director Charita Dowdell remembers that encounter with the young woman.

"I tell all of our residents how gorgeous they are and that I see the beauty in them and who they are deep down inside," Dowdell said. "I told her she was worthy and that she had value,

and she just broke down. She told me that nobody had ever said that to her."

That's just one of the stories about how the treatment center's staff strive to change the lives of teens who enter the program. There are many others.

Program Director Lavon Booth has been involved with the residential program for 20 years, initially as an administrative officer when she started in 2002. She previously served at the Cheyenne River Service Unit in her hometown of Eagle Butte before starting at the YRTC.

She sees the transformation of residents captured in plain view during graduation ceremonies that take place when the 12-week session concludes.

"We're very fortunate to see the change that happens in our residents from the time they arrive until the time they graduate," she said. "We see them moving in a positive direction and at graduation we get to hear them speak intimately about what they've learned and you see how it all comes together.

They come in very shy and reserved, and they leave here carrying a more positive spirit and more confidence. It's really touching for us and very rewarding."

The treatment center is housed in the old Chief Gall Inn hotel on land leased from the Standing Rock tribe. Youth between the ages of 13 and 17 are referred through tribal alcohol programs, local schools, community service organizations and other agencies.

According to the center's mission statement, the program "is dedicated to promoting a healthy lifestyle restoring balance and harmony in mind, body and spirit to our American Indian youth and their families."

Dowdell said playing a role in watching that mission statement come true to life in the form of changed behaviors and more positive attitudes makes her know she's definitely making a profound difference.

One effective modality is a mentoring program where residents taking part in the rehabilitation process shepherd those who are just entering the facility. Not only do the incumbent residents show the newbies around the physical



The youth treatment center is located in the former Chief Gall Inn hotel near Mobridge. *Photo by Roger Lawien*

space, but they also listen to their concerns, answer questions and try to allay their fears that stem from living in a new environment with certain rules, guidelines and expectations.

“When they start feeling homesick or afraid or stressed and they just need someone near their age to talk to, it helps them make the adjustment so they can settle down and focus on what they need to do to make changes. That bond is something that actually helps both of them get through and graduate successfully,” she said.

Dowdell noted there is a concern among staff about residents returning to a challenging environment. So, upon graduation, the youth receive support through a tracking system where staffers make regular check-in calls after three days, three months, six months and a year. A tele-health network is also

available to the graduates.

Role-playing also helps re-integration, Dowdell said. She added that the residents are taught to anticipate the same kind of challenges they faced before and how to handle them with a different approach.

“They return as a changed person, but everybody else around them will be doing the same things,” she said. “We tell them to stay connected to their support system and manage their emotions; how to be true to yourself while being respectful to others. We prepare them for what life is going to look like when they leave.”

She mentioned one particular youngster who entered the program with a defiant attitude and dealing with depression, anxiety and post-traumatic stress. She knuckled down academically and caught up to her class grade. After

graduation, she returned to juvenile detention for seven months. But in the end, she straightened out her life by applying the things she learned at the center.

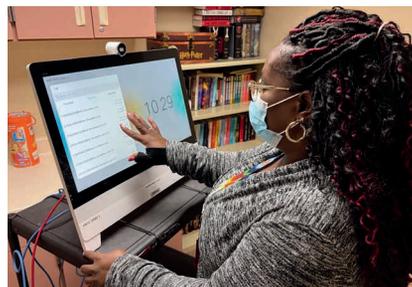
“She struggled with treatment, but she sent us a letter thanking us for what the program did for her,” Dowdell said. “She said she was grateful for giving her the skills to manage the difficult predicament she was going through. She changed her mentality and grew and matured and became a new person.”

Dowdell stressed that parents can play a key role in helping their children navigate through rehabilitation or prevent them from becoming a candidate in the first place.

“Listen to your children,” she emphasized. “They are saying something to you, but often they don’t feel like they’re being heard. Before you shut that door, listen to what they’re saying. You may have to shut the door anyway, but at least take the time to listen to what they have to say.”

Visit www.ihs.gov/greatplains/healthcarefacilities/greatplainsyrct/.

Lavon Booth, left, and Charita Dowdell, work to provide students the skills they need to change the direction of their lives.





LeRoy Iedema, Richard Ringling and Duane Strand crank out nearly 60,000 toy cars each year from their 12x10-foot workshop in Platte.
Photo by Billy Gibson

Duane Strand gets lots of 'smileage' out of making toy cars for children

Billy Gibson

editor@sdrea.coop

Frustrated moms across the ages have been searching for a surefire method for getting an unruly child to simmer down.

Duane Strand is pretty sure he's found a failsafe solution: toy cars.

Several years ago, Strand began building tiny wooden cars in his nondescript backyard shed in Platte. He recalls visiting Pierre one evening and having dinner at a local restaurant when a young boy suddenly started pitching a fit and hollering at the top of his lungs.

Strand just happened to have one of the cars in his pocket. He reached out and handed it to the child and was rather amazed at the result. Not only did the whining stop forthwith, but that boy's frown turned upside down as the

kid started beaming from ear to ear.

"He quit yelling right then and there. His whole attitude changed," Strand recalls. "These cars really have a soothing effect on the kids."

That's the impact Strand is shooting for as he and his three-man team of retirees crank out nearly 60,000 toy cars each year. They're looking to squeeze all the "smileage" they can get out of the toy cars they build.

The main construction crew includes retired farmer Richard Ringling and retired mechanic LeRoy Iedema. Ringling usually works the drill press to create holes in the wood where the axles will go. Then Iedema follows up by pressing the wheels onto the axles. He came up with a way to make sure the wheels roll straight and stay in place and dares anyone to try and pull off a wheel.

There are others who join in the

process: Justin Kok cuts the wood into manageable blocks; Brett Wynia performs repairs on the drill presses, band saws, sanders, routers and other pieces of equipment when they break down; and Curtis Versteeg helps to sand down the rough surfaces on the cars.



Toy cars are distributed by military personnel serving overseas.

And just down the road from the shop is the Platte Lumber Yard, where many of the material supplies are stored until needed for production. Strand said it was the folks down at the lumber yard who initiated the vital connection with



Dustin Knutson of Boyds Hardwood Gunstock supplies the toy makers with the laminated wood used to create the tiny cars (inset) for worldwide distribution. *Photo by Billy Gibson*

Boys Hardwood Gunstock that keeps the operation humming along.

“Without Boyds we wouldn’t be able to do any of this,” Strand said.

Dustin Knutson, a member of Central Electric Cooperative and part owner of the company that bills itself as the largest after-market gun stock maker in the world, is a Shriner with a heart for community service and said he was all-in when Strand approached him about supporting the program by supplying excess wood.

“They’re really easy to work with,” he said, noting that he keeps one of the cars on his desk. “They take whatever they can get and they show up consistently. We started saving off-cut blocks of wood specifically for the cars. The laminated wood works well because it’s colorful and looks good and the kids can pick out their favorite one.”

Strand’s distribution system is a bit scatter shot but he still manages to send them all over the globe. Anyone he knows who is planning a trip gets a supply of cars. Knutson, for instance, takes them with him when he travels for business or pleasure, whether vacationing in Mexico or hunting in Africa.

“People in America may think these are just simple toys, but I’ve been in parts of the world where a toy for a kid is a stick and a rock,” Knutson said. “But these little cars give kids something to smile about. Duane and his guys are just beautiful people doing good things for the good of humanity and we’re happy to help them any way we can.”

The toys also ride along in ambulances, military satchels and police vehicles in the event a child needs to be calmed. They show up in doctor’s offices, churches and other venues.

The operation is affiliated with a group called Toys for God’s Kids, a non-denominational organization based in Denver. Strand is the only affiliated “smile maker” in South Dakota.

While the three-man crew claims they’re working harder than they used to before retiring, Iedema assigns a greater value to his toil beyond the opportunity to put a smile on a kid’s face. He said his heart doctor has informed him that he’s in better shape than before he started woodworking three years ago. He’s slimmer, more active and feels a lot better.

Strand chips in, “...yeah, and he’s



more ornery than ever, too!”

Collectively, the guys crank out about 250 cars a day scrunched inside the 12 x 10-foot shed. Each unit has to be dipped in linseed oil to protect children from any potential toxicity. The toys are boxed and shipped to their destination at the recipient’s expense.

Strand doesn’t know how much longer he’s going to be able to keep cranking out cars. He’ll reach the age of 90 in a few months and his friend Ringling has a plan: “I told him when he turns 90 we’re going to take him up by the interstate and take a picture underneath the sign that says I-90. Get it?”

REGISTER TO WIN!

Bring this coupon and mailing label to the Touchstone Energy® Cooperatives booth in LaCroix Hall at the Black Hills Stock Show to win an electric snow blower!

Your Phone Number: _____
Your E-mail Address: _____



December 15-18, 2022
Christmas at the Cathedral
521 N Duluth Ave.
Sioux Falls, SD
605-988-3765

To have your event listed on this page, send complete information, including date, event, place and contact to your local electric cooperative. Include your name, address and daytime telephone number. Information must be submitted at least eight weeks prior to your event. Please call ahead to confirm date, time and location of event.

NOV. 25
Olde Tyme Christmas Kick-off and Parade
Hill City, SD

NOV. 25
"Light up the Night" Parade and Fireworks
Belle Fourche, SD

NOV. 25-26
Kris Kringle Kraft Fair
Hill City, SD

NOV. 26
Gregory Mid-Winter Fair
Gregory Auditorium
Gregory, SD
605-830-9778

DEC. 2-3
Christmas in the Hills
Mueller Center
Hot Springs, SD
605-745-4140

DEC. 3
Santa's Thrift Village
Minneluzahan Senior Center
Rapid City, SD
605-394-1887

DEC. 3
Tabor's Holiday Light Parade
Tabor, SD
605-660-0274

DEC. 3
60th Annual Wreath and Centerpiece Sale
Central States Fair Grounds,
Rapid City, SD
605-343-0710

DEC. 3
Julefest 2022: Scandinavian Christmas Festival & Bazaar
8 a.m.-2p.m.
Our Savior's Lutheran Church
Spearfish, SD

DEC. 4
Sioux Falls Legion Post 15 Pancake Breakfast
8:30 a.m.-noon
1600 W Russell St.
Sioux Falls, SD

DEC. 4
Hartford Hometown Christmas
Hartford, SD
www.hartfordhtc.com

DEC. 4
Walk Through Bethlehem
United Methodist Church
Webster, SD
605-345-3747

DEC. 10
Frontier Christmas
Fort Sisseton Historic State Park
Lake City, SD
605-448-5474

DEC. 15-18
Christmas at the Cathedral
521 N Duluth Ave.
Sioux Falls, SD
605-988-3765

DEC. 17
Custer Christmas for Kids
Custer High School
Custer, SD
custerchristmas4kids@gmail.com

JAN. 14
Coats for Kids Bowling Tournament
Registration Starts at 1 p.m.
\$80 for a four-person team
Meadowood Lanes
Rapid City, SD
605-393-2081

Note: Please make sure to call ahead to verify the event is still being held.